

19th November 2021

Montrose School

Achieving, Caring, Aspiring



Thank you for your Donations to Children in Need

Children in Need

So far, we have raised a fantastic £412.85 with some donations still to be counted. Thank you for your generosity in supporting this very worthwhile charity whose mission is to help ensure every child in the UK is safe, happy, secure and has the opportunities they need to reach their potential.



Anti-bullying Week

The theme for anti-bullying week this year has been 'One Kind Word'. Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us.

PE Kit

Unfortunately there are quite a few children who seem to be wearing the incorrect PE kit on a weekly basis now. Please can we remind everybody that the correct school PE kit is as follows:

- a plain white t-shirt (round neck or polo)
- a school jumper
- trainers or plimsolls
- dark coloured jogging bottoms, leggings or shorts

Now that it is cold, you may send an additional hoodie/fleece/cardigan to wear during outdoor PE lessons but children will be told to remove this during lesson time, during which they can only wear their school jumper over the top.

Thank you for your support,

Mr Owens and Miss Jackson

Please remember that you need to phone in every day if a child is poorly except for Covid cases where a return date has been agreed.





BBC CHILDREN IN NEED

**CHANGING YOUNG
LIVES ACROSS THE UK**

Nursery

The Nursery children have been enjoying the story 'Alan's Big, Scary Teeth' and learning about keeping their own teeth healthy. Children who completed their charts and have cleaned their teeth twice a day, have received a special certificate. Well done everyone!



Reception



This week we have been learning all about road safety. We watched a video on Road Safety Heroes and we learnt to Stop, Look and Listen. We put this into practice when we went on a short walk out of school. We crossed some busy roads using Stop, Look and Listen.



Year 1

We had Cops and Robbers on Monday as we started the 'Cops and Robbers' story by Janet and Allan Ahlberg. The children looked fabulous and enjoyed the task of finding wanted posters of the teachers and read all about the crimes they committed like making old ladies cry and pilfering pens!



Year 2

The whole of year 2 have come dressed amazingly and are really excited for a fun packed day for Children in Need alongside discussing being a good friend and anti - bullying awareness.





Year 3

This week we have been very busy doing lots of interesting things. In science, we are learning about the bones of the human body and were testing each other on them. In English, we are learning to write setting descriptions and began by describing settings to our partners. In RSHE, we are learning about rights, rules and responsibilities and we discussed the differences between our wants and our needs. We worked in groups to organise our needs from most important to least important. We also completed a Commando Joe mission and tried to cross the Amazon river with our teams to develop our character building skills. Today, we were lucky enough to join a webinar with Jeff Kinney who is the author of The diary of a wimpy kid and learning about his success.



Year 4

Year 4 have enjoyed cooking this week. They all went in small groups and made some delicious oat cookies. They even helped wash-up afterwards! Great job Year 4!



Year 5

This week, the children have finished writing their chilling tales in English, with Mr Pearce and Miss Gillett having to hide behind their sofas whilst marking some of them!

Thursday 11th saw Year 5 mark their respect on Remembrance Day, producing some wonderful artwork inspired by the poem Flanders Fields, with the iconic verses adorned with water-colour poppies.

5G took their first trip to Lancaster, where it appears there has been ANOTHER murder. Whilst hopefully the academy will bolster their security, in the mean time the children are making impressive progress in finding the culprit.

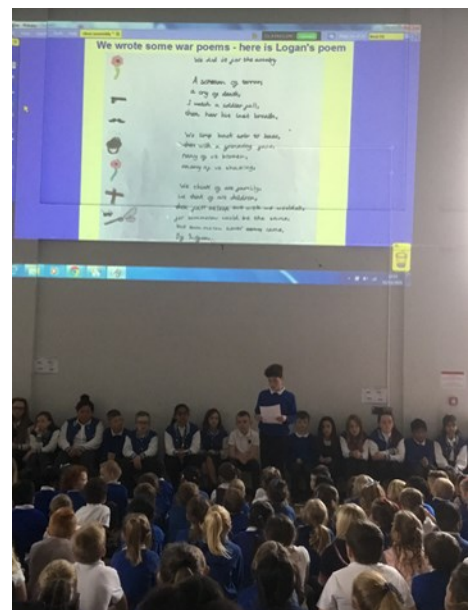
On Wednesday, the children showed admirable determination to complete their Commando Joe course, having plenty of fun while doing so!





Year 6

Class 6O, who have learnt all about World War 1 last term, performed a special assembly to mark Remembrance Day. They told the school all about how WW1 started and how it affected people at home. The children showed their art work of soldier silhouettes, read their letters from the trenches and shared some war poems. The whole school learnt and performed a song called 'This Remembrance day', which was very moving. We finished off at 11am by observing the two minutes silence to remember all people who have died in conflicts around the world since the First World War.





For the last 2 weeks, our teachers have been promoting excellence in the classroom. Teachers explored what excellence meant and how this can be demonstrated in class and every day life. Lots of classes thought about what they aspire to be and spoke about their goals. Those children who have been particularly excellent over the last 2 weeks have received a certificate and a badge in assembly.

Year 2 explored the value 'Excellence' and what it means to show excellence in school. They discussed what 'excellence' looks like in our school work, and how excellent work develops over time by listening to feedback and acting on it. They also talked about what we would like to be excellent at; it was very encouraging to hear the range of things Year 2 wanted to be excellent at, from writing and maths to dancing and singing.

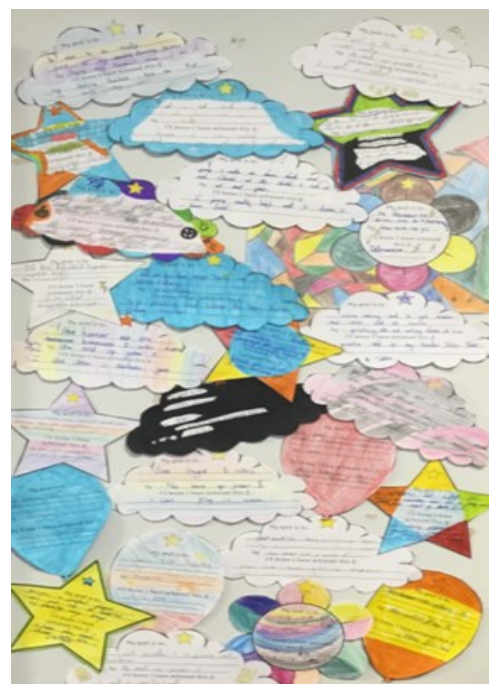
3C looked at how having excellence means having pride in our work. They copied a picture of a butterfly and then got their partners to tell them what they could improve. By the end we had eight drafts but the finished pieces were beautiful! They learnt that to have excellence means they can use critical thinking to make their work better and that it is okay to keep having a go at improving.

Year 4 talked about what it means to set goals and how these can be achieved both inside and outside of school. Year 5 looked at what excellence meant and watched a video explaining how people can be excellent and successful in lots of different ways and that it didn't matter if nobody had done it before. They spoke about goals and what we would like to achieve by the end of the year. These are on display in the Year 5 cloakroom to remind them every day of their goals.

Well done everyone,

Miss Mctighe

Well Done!





Eyres Monsell Club For Young People
EMCXP
• Building A Brighter Future.



Youth Club Sessions at EMCYP

What We Strive to Do

We strive to be a place that offers opportunities to engage young people of all abilities and encourage them to achieve their maximum potential in their personal and social development. Eyres Monsell Club for Young People operates in an area that suffers from anti-social behaviour and there are a lack of opportunities to use their recreational time constructively.

Inclusion Group

Our Inclusion group is well established and is run by a dedicated and experienced team of Youth Workers. Our Inclusion group is for Young People aged 8-18 years of age, who have SEN additional needs. We offer a safe environment for the young people to come and engage in positive activities alongside gaining new life skills.

The group meets weekly for 1.5hrs, giving parents some well-deserved rest time ☺
Every Monday Evening 5-6:30pm (£1 entry fee)

Junior Session

Our junior session runs every Tuesday and is for young people aged 8-12 years of age. During these sessions our team run a range of engaging activities, from football to cooking, Ping pong to arts and crafts. Our sessions are fun and aim to get all young people involved, despite their abilities.

Every Tuesday 5-7pm (£1 entry fee)

Senior Session

Senior session is targeted at young people aged 15+. During these sessions the young adults will have a safe place to 'hang out' and talk to a member of staff if needed. We use informal education to engage with all our users, running a series of workshops on Healthy lifestyles, sex and relationships and knife crime.

Every Monday 7:30-9pm (£1 entry fee)

Dance Group

This group is designed for young people aged 8+ who would like to take part in weekly dance sessions. This session is not a professional session aimed at teaching dance, but it's for young people to engage positively and potential participate in a show at the end of the scheme. Ultimately this group needs to make new friends, gain new life skills such as self-confidence, and to importantly have FUN

Every Friday 4:30-6pm (£1 Entry)

Volunteers Academy

Our volunteer's academy is made up of young volunteers who dedicate some of their spare times to help out during our sessions. They help plan, deliver and evaluate activities within our youth club sessions, whilst working towards gaining a nationally recognised ASDAN award.

Also take part in workshops such as knife crime, prevent, safeguarding, leadership and youth work.

Volunteers are aged 13+ and meet once a week

Every Monday 6:30-7:30pm



Bounceback Fitness Project

The Bounceback exercise project is aimed at residents aged 13+ with mental health issues, who wish to change their lives through physical activity and exercise. Participants with mental health issues will be able to attend the group, at least once a week with group or one to one sessions dependent on their individual needs. We run this project from our small gym, based within our centre.

There are very few projects of this kind in the area, or indeed in the country. This would aid the users to develop their self-confidence and self-esteem, encouraging them to become fitter and healthier and promoting emotional well-being as well as physical well-being, so that they can help create emotional resilience and help to build a better life and fulfil their full potential.

What We Strive to Do

We use a specially designed outcomes tracker framework to help monitor outcomes and personal achievements.

We also monitor progress through using daily diaries to monitor mood, food, sleep and water intake, as well as encouraging and promoting self-confidence, self-esteem and personal and social development through exercise, one to one discussions, meditation, mindfulness and one to one counselling with a wellbeing coach if necessary.

We are driven to promote and increase fitness, encourage a healthy diet and provide nutrition information helping to promote healthy bodies and healthy minds.

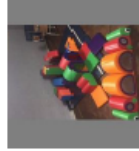
Community Pantry

We run a community pantry, 3 times a week for residents to access great quality food for affordable prices. These items are usually sold for less than half the standard retail prices. Our pantry is designed to help low income residents access food and toiletries for an affordable price. Our food and toiletries change weekly, depending on the supplies we receive from Fareshare, Samworth brothers and InKind. Our pantry is open every Monday 6.30-7.30pm, Tuesday 11-2pm and Friday 11-2pm.

To join you must register and become a member. Membership is £3 for 3 months, £5 for 6 months or £10 for the year. You can sign up on your first visit. Our pantry is situated in a grey container in our front carpark.

Community Café:

Thelma's kitchen is a community café, based in the heart of Eyres Monsell. Thelma's kitchen provides traditional food as well as food with our own special recipes. Thelma's kitchen takes pride in our food, as it is something that we are passionate about. Providing Tasty and affordable food for all residents. Whether you want a breakfast cob, a jacket potato and curry, to a simple cup of tea, we would love you to join us. We also offer outside catering services for parties and conferences. Thelma's kitchen is open every weekday 9-2pm.



Littlehands Stay and Play

Littlehands stay and play is a parent and toddler group aimed at reducing social isolation, developing key skills and most importantly getting parents to socialise. Covid-19 has had a huge impact on new parents, often making them feel isolated. These weekly sessions give both parents and children a place to go and enjoy themselves, whilst hopefully meeting new friends along the way.

Friendship Group

Friendship group is run by two local residents who strive to make a difference in Eyres Monsell. The group has established and meet on the last Friday of every month. The group meets once a month and aims to improve socialisation, and hopefully, at the same time make some new friends along the way. They are provided with tea, coffee and sandwiches free of charge.

Eyres Monsell Adult Inclusion Provision (EMAIP):

Eyres Monsell Adult Inclusion Provision (EMAIP) is for young adults aged 18-30 years with SEND/ additional needs, and runs every Tuesday 7:30pm-9pm. Our adult inclusion group will enable members to make new friendship groups as well as providing a social network group on a secure platform that is monitored by the staff team. This will enable them to build on their self-confidence, self-esteem and help them identify when to take healthy risks that would benefit them.

Members of our inclusion group are at the centre of what we do. All of our activities and opportunities are based on voluntary engagement and participation. We understand every person is unique, therefore members can complete all work in their own time frame and only need to participate in what they feel comfortable doing.

Please contact Keenan Bartram (Development Coordinator)
Keenan.Bartram@eyresmonsellclub.co.uk for more info.

