

Friday 12th February



We have been delighted by the hard work and commitment of our children and families during lockdown, especially how well they have engaged with their remote learning during the day. Children's Mental Health Week gave us time to reflect and consider our offer to you. We encouraged all teachers to provide opportunities for children to "step away from the screen" to ensure there was variety to their learning experience. The theme of this year's Children's Mental Health Week was Express Yourself. Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good. It's important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

The children at Montrose found many creative ways to express themselves and share their feelings, thoughts and ideas. Harry, in Year 2 wrote a fantastic poem that I am I am pleased to be able to share with you on the next page. Thank you Harry, the teachers thought your poem was great! I have also seen lots of photographs of arts and crafts projects, baking and of children having fun in the snow. Thank you for showing us how you used your time away from the screen.

I hope that you are all able to enjoy a relaxing, family orientated, remote learning free, half-term holiday. Whilst I realise we can't do all of the usual things we enjoy doing during a half-term break, like visiting family and friends, going on holiday or for days out, eating in restaurants etc., I am sure you will all enjoy family time in different ways. I would like to thank all of you for your ongoing support during this challenging term and especially thank those of you who are critical workers and who have worked tirelessly through this ongoing pandemic.

Finally, at least we have some kind of date as to when we may return to school which is something we can all look forward to. We are expecting to hear further news about the planned return to school on 8th March in the next few days. The Government have promised to give schools two weeks' notice of this to allow us to plan properly. As always, as soon as I hear anything, I will work through the guidance and expectations and then inform you of our plans. In the meantime, do get in touch if there is anything we can do to support you. Once again, a heart-felt thank you, you are doing a wonderful job.

Many thanks, Mr. Owens

Montrose!
 Montrose teachers are the very
 best,
 we would go as far to say that
 we are blessed,
 when Boris said we couldn't go
 to school,
 you helped us keep our cool,
 remote lessons every day,
 And zoom calls when we play,
 Mum was helping us school from
 home,
 so we didn't have far to come,
 when we thought it had got to
 tough,
 And we had just had enough,
 you were all there to help us
 along the way,
 And said don't worry you will
 be okay,
 we want to say a huge
 thank you,
 for helping us when we didn't
 have a clue,
 Montrose teachers you are all
 so fantastic,
 you help us to be enthusiastic
 Thank you so much xxx
 by Harry

Montrose
 by Harry
 in Year 2.

Any worries?

Our Family Support Worker,
 Donna McAteer, is available
 to support with a range
 of issues.

Contact her on 07378 285273.

It is Shrove Tuesday on the 16th
 February. I hope you enjoy making
 and eating pancakes. I am going to
 have sugar and lemon on mine.
 I wonder what you will you have?



Montrose Choir and Instrumental lessons are continuing online.

Contact Mrs Rupp for further information.

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