

Friday 4th December



Dear Families,

We are gradually getting closer to the end of what has been a long and unusual term. I would like to thank the children for their resilience in coping with home learning, for returning to school happily after the long lockdown and then for coping with being in class bubbles along with all of the changes that have made the school day very different. Thank you also to yourselves for continuing to support school and your children.

Countdown to Christmas

From Wednesday 9th December until the 18th December you will get the chance to see our 'Countdown to Christmas' on Class Dojo. As we cannot have our usual Christmas and Nativity productions we thought it would be nice for each class to prepare something to share with you at home.

Choir and Musicians

I was delighted to see children from our choirs performing in an online concert called 'Leics Sing' organised by Leicestershire Schools Music Service. Mrs Rupp and Mr Davies have supported the children in meeting online each week to rehearse songs and I am sure you will agree they looked absolutely fantastic.



Mrs Rupp has continued to teach and rehearse with our String Group. They performed in 'Leics Perform Together' this week and played Silent Night brilliantly. What talent we have at Montrose!



Class P.E days

Please send children to school in their P.E kit on P.E days.

Monday

Year 1 and Year 4

Tuesday

1BM/4GM alternate weeks

4R, Year 5 and Year 3

Wednesday

Reception and Year 2

Thursday

1BM/4GM alternate weeks

1S, Year 3 and Year 6

Friday

Year 2, Year 5 and Year 6

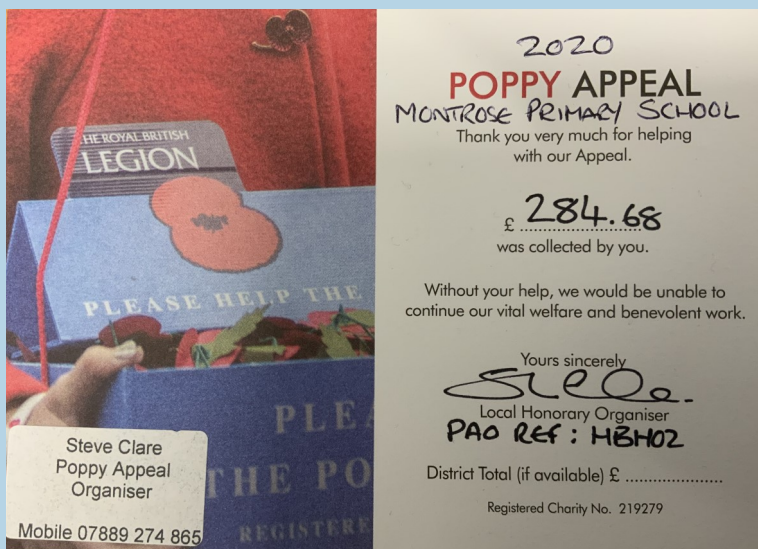
If these change you will be notified on Class Dojo.

Polite Reminders

- We are a nut free school.
- If your child has sickness and/or diarrhoea then they must not return to school until 48 hours after their last bout.

Any worries?

Our Family Support Worker, Donna McAteer, is available to support with a range of issues. Contact her at school or on 07378 285273.



Thank you for your generous contributions to the fund raising events we have been part of this term. I am also pleased to tell you that the children have raised £365.39 for Children in Need too.

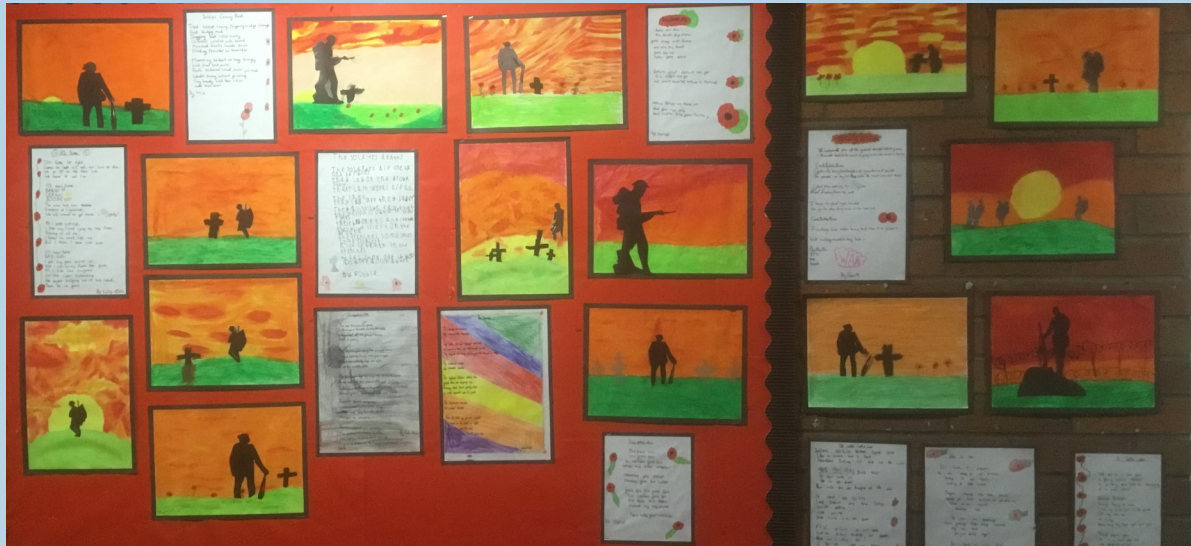


1BMs odd
socks!



Our Reception Classes have been learning about road safety recently.

Year 6 have been learning about the First World War this term in their history lessons. They have also been reading *Private Peaceful* by Michael Morpurgo and have done some fantastic pieces of creative writing. The theme of the first World War has also inspired some brilliant art work too. Well done Year 6!



Feelings in the War

As the new soldiers join with excitement,
the others with disappointment.
The young and innocent dying
because the posters are lying.

While the trench
is filling up with stench,
we are with fright
as we fight.

Will this war ever stop?
Can we ever reach the top?
When we keep on trying,
we keep on crying.

This war is devastating.
As this is what the soldiers are stating.
When the soldiers losing their sight,
they don't see any light.

-Rhyza

Dreaming Dead

The dreaming dead
In the night one dead
Soldiers falling dead

Shells rain down
Like the sleeping dead,
up in the sky we
See the dead

We feel a burning
and feel an aching
they see us screaming
before we see it coming

I drop down dead
Still dreaming I lead,
a deathly smile
Soulfully lying
We see them there

By Louise

French Fields

On the French fields the poppies blow,
between the graves, row on row,
the birds, still bravely flying,
but some men are sadly dying.

Goodbye at last,
BANG! BANG!
Bombed so fast,
I think somebody is running a bath because
my blood is pouring away,
I can feel my body flattening,
but come on lads keep on battling!

The poppies are a beautiful view,
there is one growing to represent you,
If you don't carry this on,
we shall not rest,
though the poppies grow,
on the French fields

By Khayyah



1BMs pretty
poppy pictures.

The dead

The dead: Vanished and in dust
Down in the ground of flourishing rust.
Engulfed in rousing dead,
We had been caught in a gas flood.

BANG! BANG! More people join us,
down in the ground, now flourishing rust,
They had been bombarded with shells,
defenceless rats falling down a well.

COUGH! COUGH! Gas down more soldiers,
coming down with us,
into the ground of flourishing dust,
What's left now for us?

STOMP! THUD! The Fritz are coming,
armed forces defending for their lives,
they are here now, shooting at us, we shoot back
they all join us into the ground,
of flourishing dust...

R.I.P.

By Badembo

Diary Dates

Wednesday 9th December

Countdown to Christmas - See Class Dojo

Thursday 10th December - Christmas Jumper and School Uniform bottom half

Friday 11th December – Christmas Jumper and School Uniform bottom half

Monday 14th December – Normal school uniform with festive headwear/accessories

Tinsel Tuesday 15th December– Wear your school uniform but decorate it with tinsel

Bauble Wednesday 16th December – Decorate your uniform with baubles – the brighter, the better!

Glitter Thursday 17th December – Decorate your uniform and get the glitter out!

Christmas Jumper Friday 18th December – Pull on that festive woolly - this will be a non-uniform day along with your Christmas jumper. It is also the last day of term!

Tuesday 5th January

School Opens

#DoGoodDecember

COVID-19 has demonstrated the importance and power of kindness. During the first lockdown we heard many stories of people who had gone out of their way to help others.

Studies have shown that being kind to others, also makes us feel good. Being kind is easy. Small gestures, such as checking on a neighbour who lives alone, or ringing someone for a chat, can have a big impact.

As the pandemic continues it's important for us to be kind, both to ourselves and to each other. The Mental Health Foundation also has a page on acts of kindness during the coronavirus outbreak, with suggestions for improving wellbeing through kindness.

#DoGoodDecember Action for Happiness has a Kindness Calendar for December which is free to download from:
<https://www.actionforhappiness.org>

The focus is on doing good for others. For each day in December the calendar suggests a simple kind act, which you could try. There is a copy of the calendar on the next page of this newsletter.



Well done to the children who have earned certificates and badges recently.

THERE IS ALWAYS
something
TO BE
Thankful for

ACTION FOR HAPPINESS



KINDNESS CALENDAR: DECEMBER 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>1 Share the Kindness Calendar with others and spread kindness</p> <p>2 Contact someone you can't be with to see how they are</p> <p>3 Offer to help someone who is facing difficulties at the moment</p> <p>4 Give kind comments to as many people as possible today</p> <p>5 Make a gift for someone who is homeless or feeling lonely</p> <p>6 Support a charity, cause or campaign you really care about</p>	<p>7 Leave a positive message for someone else to find</p> <p>8 Do something helpful for a friend or family member</p> <p>9 Notice when you're hard on yourself or others and be kind instead</p> <p>10 Listen wholeheartedly to others without judging them</p> <p>11 Be generous. Feed someone with food, love or kindness today</p> <p>12 Buy an extra item and donate it to a local food bank</p> <p>13 See how many different people you can smile at today</p>	<p>14 Share a happy memory or inspiring thought with a loved one</p> <p>15 Contact an elderly neighbour and brighten up their day</p> <p>16 Look for something positive to say to everyone you speak to</p> <p>17 Practice gratitude. List the kind things others have done for you</p> <p>18 Give away something that you have been holding on to</p> <p>19 Buy locally and support independent shops near you</p> <p>20 Contact someone who may be alone or feeling isolated</p>	<p>21 Appreciate kindness and thank people who do things for you</p> <p>22 Congratulate someone for an achievement that may go unnoticed</p> <p>23 Choose to give or receive the gift of forgiveness</p> <p>24 Bring joy to others. Share something which made you laugh</p> <p>25 Treat everyone with kindness today, including yourself!</p> <p>26 Get outside. Pick up litter or do something kind for nature</p> <p>27 Call a relative who is far away to say hello and have a chat</p>	<p>28 Be kind to the planet. Eat less meat and use less energy</p> <p>29 Turn off digital devices and really listen to people</p> <p>30 Let someone know how much you appreciate them and why</p> <p>31 Plan some new acts of kindness to do in 2021</p>	<p>Let's look beyond our differences and help each other. Every act of kindness matters</p> 	

ACTION FOR HAPPINESS

#DoGoodDecember



www.actionforhappiness.org

















Learn more about this month's theme at www.actionforhappiness.org/do-good-december

Keep Calm · Stay Wise · Be Kind

TIER 3

VERY HIGH ALERT

FROM 2 DEC

MEETING FRIENDS AND FAMILY  <p>No mixing of households indoors, or most outdoor places, apart from support bubbles. Maximum of six in some outdoor public spaces (e.g. parks, public gardens).</p>	BARS, PUBS AND RESTAURANTS  <p>Hospitality is closed, with the exception of sales by takeaway, drive-through or delivery.</p>	RETAIL  <p>Open.</p>	WORK AND BUSINESS  <p>Everyone who can work from home should do so.</p>
EDUCATION  <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	INDOOR LEISURE  <p>Open. Group activities and classes should not take place.</p>	ACCOMMODATION  <p>Closed (with limited exceptions)</p>	PERSONAL CARE  <p>Open.</p>
OVERNIGHT STAYS  <p>We advise against overnight stays other than with household or support bubble.</p>	WEDDINGS AND FUNERALS  <p>15 guests for weddings, civil partnerships and wakes; 30 for funerals. Wedding receptions not permitted.</p>	ENTERTAINMENT  <p>Indoor venues closed.</p>	PLACES OF WORSHIP  <p>Open, but cannot interact with anyone outside household or support bubble.</p>
TRAVELLING  <p>Avoid travelling outside your area, other than where necessary such as for work or education. Further exemptions apply. Reduce the number of journeys where possible. Plan ahead and avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble.</p>	EXERCISE  <p>Classes and organised adult sport can take place outdoors, but people should avoid higher-risk contact activity. Group exercise activities and sports indoors should not take place, unless with your household or bubble. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	RESIDENTIAL CARE  <p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. Outdoor/airtight visits only (rollout of rapid testing will enable indoor visits including contact).</p>	LARGE EVENTS  <p>Events should not take place. Drive-in events permitted.</p>

Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

gov.uk/coronavirus

If you have any coronavirus symptoms:

A high temperature • A new, continuous cough
A loss of, or change to, your sense of smell or taste

Get a test and stay at home

For more information and detailed guidance visit:
gov.uk/coronavirus

