

# Friday 2nd October



Dear Families,

I hope this newsletter finds you well. As we move through this pandemic over the coming months, we will no doubt be aware of people that have had to isolate through either receiving a positive test result or by being identified as a close contact. This may affect many in our school community going forward and we want to ensure that all our pupils feel happy, safe and reassured as we welcome them back to school following a period of isolation.

## Reporting symptoms and test results

It is important that you report any child absences on the first day of absence, clearly stating the reason. A letter is attached to this newsletter from NHS Test and Trace identifying the principles for when a test is necessary. If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly: [www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](http://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)

It is important that all test results are reported to school as soon as possible. All positive tests have to be reported by the school so that the necessary steps can be evaluated by Public Health England to ascertain what action the school needs to take. The school will always follow the advice given to them by PHE, DfE and/or Local Authority. The decision regarding 'close contacts' who will need to self-isolate is not one made by school.

## Secondary School

Year 6 parents, please remember to apply for your child's secondary school place before 31st October. If you live in Leicester City visit: [https:// www.leicester.gov.uk/schools-and-learning/school-and-colleges/school-admissions/starting-secondary-school/](https://www.leicester.gov.uk/schools-and-learning/school-and-colleges/school-admissions/starting-secondary-school/)

If you live in Leicestershire County visit: [https:// www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/school-admissions/apply-for-a-secondary-school-place](https://www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/school-admissions/apply-for-a-secondary-school-place)

If you need any help please contact Donna McAteer (Family Support Worker) on 07378 285273.

## Progress Evenings

We have discussed what to do for this term's progress evening and as we cannot meet in person have decided that we will send out an interim report for children this term. We will let you know when to expect these in due course.



A huge well done to the children who were awarded badges or certificates during the last two weeks. Keep up the excellent work



Best wishes,

Mr. Owens, Headteacher

## Class P.E days

Please send children to school in their P.E kit on P.E days.

### Monday

Year 1 and Year 4

### Tuesday

1BM/4GM alternate weeks

4R, Year 5 and Year 3

### Wednesday

Reception and Year 2

### Thursday

IBM/4GM alternate weeks

1S, Year 3 and Year 6

### Friday

Year 2, Year 5 and Year 6



## **Any worries?**

Our Family Support Worker, Donna McAteer, is available to support with a range of issues. Contact her at school or on 07378 285273.

### Diary Dates

**Friday 9th October**

**Wear yellow - mental health awareness day**

**Monday 12th October**

Flu immunisations

**Monday 19th - 23rd October**

Half-term break

**Monday 7th October**

Y3 Stone Age Day

**Friday 11th October**

Cross Country Event - letters to follow to selected children

**Friday 16th October**

Last day of half term

**We will endeavour to inform you in advance of events happening at school however we cannot plan too far ahead**

### Free School meals

All children in Reception, Year 1 and year 2 automatically get Universal Free School Meals. However, if you fall into any of the following categories your child will be eligible for free school meals throughout their time at school along with other benefits e.g. half price trips. It is therefore really important to apply, if you are eligible.

- Income support
- Income-based jobseeker's allowance
- Income-related employment and support allowance
- National asylum seeker support
- Child tax credit (provided you're not also entitled to working tax credit and have an annual gross income of no more than £16,190)
- The guaranteed element of state pension credit
- Working tax credit run-on - paid for four weeks after you stop qualifying for working tax credit
- Universal credit with annual net earned income of less than £7,400

You can complete an application form online:

<https://freeschoolmeals.leicester.gov.uk/>

If you require any help or are unsure then please contact  
Donna on 07378 285273.

### Can my child go to school today?

During the Coronavirus pandemic, children and young people should isolate if they are displaying symptoms.

COVID symptoms are:

A high temperature – you feel hot to touch on your chest or back (you do not need to measure your temperature)

A new, continuous cough – coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – you have noticed you cannot smell or taste anything, or things smell or taste different to normal

### How is your child feeling today?

My child has at least one COVID symptom

- Self-isolate and [book a COVID test](#) or call 119
- Do not go to a GP, hospital or pharmacy for a test
- All members of the household should stay at home until the test result is known.
- Your child should not attend any out of school provision, childcare, activity groups or clubs during this time.
- Visit [nhs.uk](https://www.nhs.uk) for advice on when to stop isolating and return to school after a positive or negative test.

### My child has no COVID symptoms but they have diarrhoea or vomiting

- **Keep at home**
- Remain off school until at least 48 hours after the last episode of diarrhoea or vomiting.
- Remain off school until they feel well enough to return. Seek medical help from a GP if needed (if your surgery is closed, use NHS 111 online and only call 111 if you cannot get help online).
- A COVID test is not required for diarrhoea and vomiting without the other symptoms above.

### My child has no COVID symptoms but they feel unwell.

- **Keep at home**
- Remain off school until they feel well enough to return. Seek medical help from a GP if needed (if your surgery is closed, use NHS 111 online and only call 111 if you cannot get help online).
- A COVID test is not required for diarrhoea and vomiting without the other symptoms above.

### My child feels fine and has no COVID symptoms

So long as your child feels well, has not been told to self-isolate and there are no other household members with COVID symptoms, it is OK for them to attend school.



## Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, students, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
  1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
  2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
  3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:  
[www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

- If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and only get a test if they develop coronavirus symptoms.
- If a pupil or student in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate **does not require a test unless they subsequently develop symptoms.**

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school or college. Schools and colleges have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful: <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

It is vital for children and young people's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Yours sincerely,



**Professor Viv Bennett CBE**

Chief Nurse and Director Maternity and  
Early Years | Public Health England



**Dr Susan Hopkins**

Interim Chief Medical Officer |  
NHS Test & Trace

Deputy Director | Public Health England

Consultant in Infectious Diseases &  
Microbiology  
Royal Free, London